

Updated 2/2023

**BETH A. LANNING, Ph.D., M.C.H.E.S.**

Curriculum Vitae

Baylor University  
Department of Public Health  
One Bear Place #97343  
Waco, Texas 76798-7343  
254-710-4027

**A. EDUCATION**

*Graduate:*

PhD                      Texas A&M University, College Station, Texas  
December 1997      Major: Health Education  
                                Dissertation: *Assessment of Elementary School Child Sexual Abuse Prevention Programs in Selected Texas Public School Districts*

MS in Education      Baylor University, Waco, Texas  
May 1991              Health Education with additional focus in Exercise Physiology

*Undergraduate:*

BS in Education      Baylor University, Waco, Texas  
December 1989      Major: Health Education

*Additional*

*Undergraduate work:*

January 1985-      University of Utah, Salt Lake City, Utah.  
September 1987      Courses included pre-med studies and corporate fitness studies.

September 1983-      Utah State University, Logan, Utah.  
May 1984              Courses included pre-vet studies and engineering classes

## **B. CHRONOLOGY OF EXPERIENCE**

June 2018-current     Baylor University  
Associate Chair, Department of Public Health  
Robbins College of Health and Human Sciences

August 2020-current     Baylor University  
Professor of Public Health  
Director, Master of Public Health-Community Health Program  
Department of Public Health

January 2020-curent     Baylor University  
Director, Baylor-Africa New Life Ministries Initiative  
Robbins College of Health and Human Sciences

August 2006-  
July 2020                 Baylor University  
Associate Professor of Public Health  
Director, Undergraduate Public Health Program  
Department of Public Health  
(Formerly in Health, Human Performance, and Recreation Department)  
Robbins College of Health and Human Sciences

August 2000-  
August 2006             Baylor University  
Assistant Professor in Community Health Education  
Health, Human Performance, and Recreation Department  
School of Education

August 1998-  
July 2000                 Baylor University  
Full-time Lecturer in Health Education  
Health, Human Performance, and Recreation Department  
School of Education

September 1992  
July 1998                 Baylor University  
Adjunct Instructor in Health Education  
Health, Human Performance, and Recreation Department  
School of Education

September 1991  
May 1994                 McLennan Community College  
Coordinator, Employee Wellness Program  
Adjunct Instructor in Health and Wellness

Summer 1991             University of Texas at San Antonio  
Teaching Associate

## C. CERTIFICATIONS

MCHES- Master Certified Health Education Specialist. National Commission for Health Education Credentialing (2011-current)

CHES Certified Health Education Specialist. National Commission for Health Education Credentialing (1998-2011)

## D. PROFESSIONAL EXPERIENCE

*2020-current, Baylor University, Waco, Texas*

Associate Chair, Department of Public Health; Director, Professor in Public Health; Robbins College of Health and Human Sciences

Director, Master of Public Health-Community Health Science program

*2020-current, Baylor University, Waco Texas*

Director, Baylor-Africa New Life Ministries Initiative

*2018-2020, Baylor University, Waco, Texas*

Associate Chair, Department of Public Health; Director, Undergraduate Public Health Program; Associate Professor in Public Health; Robbins College of Health and Human Sciences

*2006-2018, Baylor University, Waco, Texas*

Director, Undergraduate Public Health Program; Associate Professor in Public Health; Health, Human Performance, and Recreation Department; School of Education; Robbins College of Health and Human Sciences

*2000-2006, Baylor University, Waco, Texas*

Assistant Professor in Community Health; Health, Human Performance, and Recreation Department; School of Education

*1998-2000, Baylor University, Waco, Texas*

Full-time Lecturer in Community Health. Responsibilities included teaching several sections of Human Sexuality. Responsible for helping increase the number of sections taught per semester. Taught Health and Human Behavior. Coordinated the health graduate teaching assistants program and all Health and Human Behavior classes. Involved in curriculum development and selection of material used in the health courses.

*1992-1998, Baylor University, Waco, Texas*

Adjunct Instructor in Health Education. Taught Human Sexuality and Health and Human Behavior.

*1995-1998, Youth Connection, Inc. Waco, Texas*

Program Coordinator. Responsibilities included coordinating a teen pregnancy prevention club for the Lighted School program at G. L. Wiley Middle School, University Middle School and Lake Air Middle School. Teach adolescents within the club. Work collaboratively with The Heart of Texas Council on Alcoholism and Drug Abuse, McLennan County Youth Collaboration and area middle schools. Involved in grant writing, implementation, and administration.

*1991-1995, McLennan Community College, Waco, Texas*

Wellness Coordinator and adjunct instructor. Directed the employee wellness program. Duties included: designing, implementing, and evaluating all aspects of the program (fitness, lectures, health fairs, mini-programs, etc.) and program budget. Taught a variety of courses.

*Summer 1991, University of Texas at San Antonio, San Antonio, Texas*

Teaching Associate. Taught two courses: drug education and human sexuality

*1989-1991, Baylor University, Waco, Texas.*

Graduate Teaching Assistant. Taught several classes including Health and Human Behavior, Fitness Theory, Weight Control, & Intermediate Aerobics.

*1989-1991, Hillcrest Hospital, Waco, Texas*

Fitness Specialist for Optifast Program. Responsibilities included nutrition education, exercise prescription, and behavior modification. Group leader and assistant group leader.

## **E. RESEARCH EXPERIENCE**

*February 2023-Jan 2024* Principal Investigator. *A scoping review of the health benefits to humans of rhymical, repetitive, bilateral, symmetrical movement.* Funded through Chariot Innovations.

*July 2022-Current* Principal Investigator. *Child Sponsorship and Child Wellbeing.* Part of Baylor-Africa New Life Initiative.

*October 2022-Sept 2023* Co-Investigator and lead for evaluation. *Motivational interviewing (MI) with CSEY: Train the trainer with avatar simulation labs.* Funded through the Office of the Governor, State of Texas.

*January 2022-Dec 2022* Principal Investigator. *Development of an avatar simulation game prototype to be used for Motivational Interviewing (MI) training.* Funded by Baylor University, ONE URC.

*October 2021-Sept 2022* Co-Investigator and lead for evaluation. *Motivational interviewing (MI) training for service providers of CSEY.* Funded through the Office of the Governor, State of Texas.

*May 2021-April 2022* Principal Investigator. *The use of a therapy/emotional support dog for victims of sex trafficking: an exploratory study.* Baylor University.

- October 2020-Sept 2021* Co-Investigator and lead for evaluation. *Evaluation of MI use with CSEY population.* Funded through Office of the Governor State of Texas.
- May 2020-Dec 2020* Principal Investigator. *Evaluation of psychosocial and reintegration outcomes for military service members and veterans participating in a therapeutic riding program.* BraveHearts.
- April 2020-May 2022* Co-Investigator. *Balance, brain, speech, and behavioral effects of multitasking organic motion stimulus for children with Autism* (Brian Garner, PI). Texas Higher Education Coordinating Board.
- October 2019-Oct 2020* Co- Investigator and lead for evaluation. *Process evaluation of Motivational Interviewing training for professionals working with commercial sexual exploitation of youth.* Funded through the Texas Governor's Office.
- March 2019-Feb 2020* Co-Investigator. *Community HPV Knowledge Assessment, Education and Intervention.* (Asare, M. PI). Baylor University
- Jan. 2019-Dec 2019* Co-Investigator. *Prophylactic vaccination against human papilloma virus (HPV) and cancer prevention in adolescent girls in Ghana: using multi-theory model (MTM) of health behavior change to understand HPV vaccination behavior in Ghana. Phase I.* (Asare, M. PI). Baylor University
- Feb. 2018-Jan. 2019* Principal Investigator. *Pets, emotional support animals, and service animals on campus: Policies and implications.* UCLA Law Animal Law and Policy Small Grants Program
- June 2018-May 2019* Faculty Advisor/Co-Principal Investigator. *Summer electronic benefit transfer for children (SEBTC) card pilot program: Implementation process evaluation plan.* Undergraduate Research and Scholarly Achievement (URSA) program grant.
- June 2017-May 2018* Faculty Advisor/Co-Principal Investigator. *Health through the eyes of Brazilian adolescents using Photovoice.* Undergraduate Research and Scholarly Achievement (URSA) program grant.
- June 2016-current* Principal Investigator, Transitioned from faculty advisor/Co-PI to PI in May 2018. *Evaluating the risk factors of dating violence among undergraduates college students.*

- July 2015-May 2016*      Principal Investigator, *Efficacy of simulated equine movement as a therapy modality for children with Autism: A single case design.* Baylor University.
- Feb. 2015-June 2015*      Principal Investigator, *Evaluation of the Texas Reality Education for Drivers program.* TXDOT/Scott & White/Hillcrest Contract
- Dec. 2014-May 2016*      Principal Investigator, *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans.* Phase 2. Horses and Humans Research Foundation
- Jan 2014-Dec. 2014*      Co-Principal Investigator, *Social support and HPV vaccine uptake among college students.* Funded through Texas Woman's University
- July 2013-July 2014*      Principal Investigator. *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans using the International Classification of Functioning and Disability (ICF) as a conceptual model.* Phase 1: Baylor University
- Nov 2011-Nov 2012*      Principal Investigator, *Changes in quality of life indicators using the Horses for Heroes program.* Baylor University.
- June 2010-May 2011*      Principal Investigator, *Assessing quality of life changes in children with autism who participate in an equine-assisted therapy program.* Baylor University
- June 2010-May 2011*      Co-Investigator. *The effect of extreme camps on self-efficacy, self-perceptions, and behaviors of youth with autism spectrum disorders.* Baylor University
- Jan. 2009-Dec. 2009*      Co-Principal Investigator. *Sexual assault risk factor identification and community needs assessment.* Attorney General's Office and Advocacy Center for Crime Victims and Children in Waco.
- March 2005-Feb 2006*      Co-Investigator, *Community based participatory research: A health promotion pilot in Roseland Homes.* Institute of Faith Health Research of Dallas.
- May 2004-April 2005*      Co-Investigator, *Effects of the Curves for Women® fitness and weight loss program on body composition, metabolism, and exercise capacity in sedentary overweight females.* Curves International contract. Conducted body image analysis.

Nov. 2002-Oct. 2003 *Co-Investigator, Effects of the Curves for Women® fitness and weight loss program on body composition, metabolism, and exercise capacity in sedentary overweight females.* Curves International contract. Conducted body image analysis.

## F. RESEARCH SUPPORT

### F.1. Funded Grants

- 02/1/2023-1/31/24 *A scoping review of the health benefits to humans of rhytmical, repetitive, bilateral, symmetrical movement.* **Lanning, B. A., Principal Investigator.** Funded through Chariot Innovations. (Total Award \$15,000).
- 10/1/22-9/31/23 *Motivational interviewing with CSEY: Train the Trainer with avatar simulation labs.* **Lanning, B. A., Co-Investigator and lead for evaluation.** Funded through Office of the Governor, State of Texas. (Total Award \$250,065).
- 01/1/22-12/31/22 *Development of an avatar simulation game prototype to be used for Motivational Interviewing (MI) training.* **Lanning, B. A., Principal Investigator.** Funded by Baylor University, ONE URC. (Total Award \$4,900).
- 10/1/21-9/31/22 *Development of an avatar simulation game protoype to be used for Motivational Inteviewing (MI) training.* **Lanning, B.A., Co-Investigator and lead for evaluation.** Funded through Office of the Governor, State of Texas. (Total Award \$40,500).
- 10/1/20-9/31/21 *Evaluation of MI use with CSEY population.* **Lanning, B.A., Co-Investigator and lead for evaluation.** Funded through Office of the Governor State of Texas. (Total Award \$175,801).
- 5/1/20-12/30/20 *Evaluation of psychosocial and reintegration outcomes for military service members and veterans participating in a therapeutic riding program.* **Lanning, B.A., Principal Investigator.** BraveHearts organization. (Total Award \$1,500).
- 4/01/20-5/31/22 *Balance, brain, speech, and behavioral effects of multitasking organic motion stimulus for children with Autism.* **Lanning, B. A., Co-Investigator.** Texas Higher Education Coordinating Board. (Total Award \$599,209).

- 11/01/19-10/30/20 *Process evaluation of Motivational Interviewing training for professionals working with commercial sexual exploitation of youth. Lanning, B. A., Co-Investigator for evaluation.* Funded through Office of the Governor, State of Texas as part of *the Motivational Interviewing Training for Service Providers of CSEC project.* (Total Award for evaluation: \$4,000).
- 06/01/19-05/31/20 *Prophylactic Vaccination Education (PROVE) against Human Papillomavirus (HPV) [PROVE against HPV]: A Cancer Prevention Intervention for Adolescent between 12 years old and 17 years old in a City in Central Texas.* (Focus changed to self-screening of low income women due to COVID). Baylor University Research Committee grant. Asare, M. (PI), **Lanning, B.A. Co-Investigator.** (Total Award: \$7,500).
- 02/01/19-01/31/20 *Pets, emotional support animals, and service animals on campus: Policies and implications.* UCLA Law Animal Law and Policy Small Grants Program. **Lanning, B. A., Principal Investigator,** Patterson, M. (co-PI). (Total Award: \$2,920)
- 02/06/19- 01/01/20 *Prophylactic vaccine education (prove) against human papillomavirus (HPV): a cancer prevention intervention for adolescent girls in Ghana. (prove against HPV).* Baylor University. Asare, M. (PI), **Lanning, B.A. Co-Investigator.** (Internal startup funds)
- 06/01/18- 05/31/19 *Summer electronic benefit transfer for children (SEBTC) card pilot program: Implementation process evaluation plan.* Undergraduate Research and Scholarly Achievement (URSA) Baylor University. Rogers, V. (student PI) & **Lanning, B. A., Co-Principal Investigator/Faculty Advisor.** (Total Award: \$4,375).
- 06/01/17- 05/31/18 *Health through the eyes of Brazilian adolescents using Photovoice.* Undergraduate Research and Scholarly Achievement Program (URSA) grant. Gomez, A. (student PI) & **Lanning, B.A., Co-Principal Investigator and faculty advisor.** (Total Award: \$5,000)
- 02/01/15- 06/01/15 *Evaluation of the Texas Reality Education for Drivers program.* TXDOT/Scott & White/Hillcrest. Contract. **Lanning, B. A., Principal Investigator & Melton, K. Co-PI** (Total Award: \$9,500)
- 12/01/14- 11/30/16 *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans.* Horses and Humans Research Foundation. **Lanning, B.A., Principal Investigator.** (Total Award: \$50,000)



- 12/01/13- 05/31/14 *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans using the international classification of functioning, disability and health (ICF) as a conceptual model.* University Research Council Grant. **Lanning, B.A., Principal Investigator. (Total Award: \$6,750)**
- 06/01/10- 05/31/11 *Assessing quality of life changes in children with autism who participate in an equine-assisted therapy program.* Faculty Research Investment Program Grant. **Lanning, B. A., Principal Investigator & Ivey, J. Co-PI. (Total Award: \$25,000).**
- 06/01/10- 05/31/11 *The effects of extreme camps on self-efficacy, self-perception, and behaviors of youth with autism spectrum disorders.* University Research Council Grant. Ivey, J. PI & **Lanning, B. A., Co-Principal Investigator. (Total Award: \$6,499).**
- 01/01/09- 12/31/09 *Changes in quality of life indicators using the Horses for Heroes program.* Texas Resources For Iraq-Afghanistan Deployment Fund (TRIAD) Dallas Foundation. Awarded to Ride On Center for Kids. **Lanning, B. A. Co-Investigator. (Total award to ROCK \$31,276)** Funding paid to ROCK to support the riding interventions allowing for data collection.
- 07/01/09-06/31/10 *Sexual assault risk factor identification and community needs assessment. Stage 2.* Attorney General's Office and Advocacy Center for Crime Victims and Children in Waco. Irons, L. (PI). **Lanning, B. A., Co-Principal Investigator. (Sub-award Total: \$14,000)**
- 07/01/08- 06/31/09 *Sexual assault risk factor identification and community needs assessment. Stage 1.* Attorney General's Office and Advocacy Center for Crime Victims and Children in Waco. Irons, L. (PI). **Lanning, B. A., Co-Principal Investigator. (Sub-award Total: \$14,000).**
- 01/01/07- 12/31/07 *Changes in quality of life indicators using the Horses for Heroes program.* Texas Resources For Iraq-Afghanistan Deployment Fund (TRIAD) Dallas Foundation. Awarded to Ride On Center for Kids. **Lanning, B. A. Co-Investigator. (Total award to ROCK \$89,200)** Funding was paid to ROCK to support the riding interventions allowing for data collection.
- 04/01/05- 03/31/06 *Community based participatory research: a health promotion pilot in Roseland Homes, East Dallas.* Institute of Faith Health Research of Dallas. Doyle, E. I., PI. **Lanning, B. A., Co-Principal Investigator. (Total Award \$97,446)**

- 05/01/04- 04/31/05 *Effects of the Curves for Women® fitness and weight loss program on body composition, metabolism, and exercise capacity in sedentary overweight females – 1 year-follow-up.* Curves International contract. Kreider, R. (PI), **Lanning, B. A., Co-Investigator** or body image analysis. **(Total Award: \$385,000)**
- 01/01/04- 05/31/04 *Comparison of high carbohydrate and high protein diets combined with exercise on anthropometric measures and blood profiles in sedentary college students.* Faculty Research Investment Program Grant. Bowden, R. (PI), **Lanning, B. A., Co-Principal Investigator.** **(Total Award: \$25,000).**
- 12/01/02- 11/30/03 *Faith in Action grant for Potter’s Vessel Ministries, Inc.* Robert Woods Foundations. Doyle, E. I. (PI), **Lanning, B. A., Co-Principal Investigator and grant writer.** (Total Award: \$35,000).
- 12/01/02- 11/30/03 *CHRISTUS grant for Potter’s Vessel Ministries, Inc.* CHRISTUS Fund. Doyle, E. I. (PI), **Lanning, B. A., Co-Principal Investigator and grant writer.** **(Total Award: \$39,000)**
- 11/01/02- 10/30/03 *Effects of the Curves for Women® fitness and weight loss program on body composition, metabolism, and exercise capacity in sedentary overweight females.* Curves International contract. Kreider, R. (PI), **Lanning, B. A., Co-Investigator** or body image analysis. **(Total Award: \$373,510)**
- 06/01/02- 05/31/03 *The influences of social physique anxiety.* University Research Council Grant. **Lanning, B. A. Principal Investigator,** Irons, I. (Co-investigator), Bowden, R. (Co-investigator). **(Total Award: \$1,210).**
- 10/01/02- 09/31/03 *Effects of a nonephedra thermogenic supplement on body composition and markers of health.* Muscletec Research and Development. Kreider, R. (PI), **Lanning, B. A., Co-Investigator** or body image analysis. **(Total Award: \$55,625)**

## F.2. Grants Not Selected for Funding

- 04/01/19 *Balance, speech, and behavioral effects of multitasking organic motion stimulus.* Simons Foundation on Autism Research Initiative-Pilot Award. Rylander, J. (PI), Garner, B. (co-investigator), Fillmore, Paul (co-investigator), Ivey, J. (co-investigator), **Lanning, B. A. (co-investigator)** & Whipple, K. (co-investigator). **(Total Proposal: \$299,178).** Not selected for funding.

- 01/01/19 *Prophylactic vaccine education (PROVE) against human papillomavirus (HPV): A cancer prevention intervention for adolescent girls in Ghana.* Young Investigator Development Program (YID). Asare, M. (PI), **Lanning, B. A. (co-investigator)**, Spies, L. (co-investigator), & Boozer, K. (co-investigator). **(Total Proposal: \$25,000)**. Not selected for funding.
- 01/01/19 *Balance, speech, and behavioral effects of multitasking organic motion stimulus.* Faculty Research Investment Program (FRIP). Garner, B. (PI), Fillmore, Paul (co-investigator), Ivey, J. (co-investigator), **Lanning, B. A. (co-investigator)**, Rylander, J. (co-investigator), & Whipple, K. (co-investigator). **(Total Proposal: \$50,000)**. Not selected for funding.
- 03/01/18 *Physiological and psychosocial outcomes after equine-assisted therapy in children with cerebral palsy.* NIH-HAI R01. Rigby, R. (PI), **Lanning, B.A. Co-Principal Investigator.** **(Total Proposal: \$2,445,352)**. Not selected for funding.
- 10/01/17 *Health impact project.* The PEW Charitable Trust. Krey, K. (PI), **Lanning, B.A. Co-Investigator**, Ylitalo, K., Co-Investigator. **(Total Proposal: \$100,000)**. Not selected for funding.
- 07/01/17 *Therapeutic horseback riding in children with autism spectrum disorder: motor proficiency and behavior.* HAI-NIH R21. Johnson, R. (PI), **Lanning, B.A. Co-Principal Investigator.** **(Total Proposal: \$377,000)**. Not selected for funding.
- 02/01/15 *Equine movement as a mechanism of therapeutic change in children with ASD related motor deficiencies.* NIH R21. **Lanning, B.A., Principal Investigator**, Garner, B. (co-investigator), Ivey-Hatz, J. (co-investigator), Beaujean, A. (co-investigator). **(Total Proposal: \$250,000)**. Not selected for funding.
- 01/15/14 *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life, functioning and participation in combat veteran.* ISAZ/WALTHAM® Collaborative Research Award. **Lanning, B.A., Principal Investigator.** **(Total Proposal: \$45,000)**. Not selected for funding.
- 06/15/13 *Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans using the international classification of functioning, disability and health (ICF) as a conceptual model.* Horses and Humans Research Foundation. **Lanning, B.A. Principal Investigator.** **(Total Proposal: \$50,000)**. Not selected for funding.

- 04/01/12 *Assessment of therapeutic riding as an intervention for children with autism spectrum disorders.* Organization for Autism Research. **Lanning, B.A. Principal Investigator. (Total Proposal: \$30,000).** Not selected for funding.
- 11/01/11 *Assessment of therapeutic riding as an intervention for children with autism spectrum disorders.* NIH R15-Accademic Research Enhancement Award. **Lanning, B.A. Principal Investigator. (Total Proposal: \$215,561).** Not selected for funding.

## G. SCHOLARLY ACTIVITY

### G.1. Refereed Publication

#### 2023

1. Elliott, A.P., Gallucci, A., Oglesby, L., Funderburk, L., **Lanning, B. A.**, and Tomek, S. (2023). Burnout and Adverse Outcomes in Athletic Training Students: Why All Healthcare Educators Should Be Concerned. *The Internet Journal of Allied Health Sciences and Practice*. Jan 04;21(1), Article 16.

#### 2022

2. Elliott, A.P., Gallucci, A.R., Oglesby, L.W., Funderburk LL., **Lanning, B.A.** Tomek, S., (2022). *Exploring Relationships Between Coping Mechanisms, Physical Wellness Behaviors, and Burnout in Athletic Training.* International Journal of Athletic Therapy & Training.
3. Howell, T.J. et al., (2022). Defining terms used for animals working in support roles for people with support needs. *Animals*, 12, 1975. <https://doi.org/10.3390/ani12151975>
4. **Lanning, B. A.**, Patterson, M.S., Henry, S., Graves-Boswell, C. T., Summerall, B., & Millan, C. (2022). Assessment of university policies for service animals and emotional support animals. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2022.2035735>.
5. Asare, M., **Lanning, B. A.**, Montealegre, J.R., Akowuah, E., Adunlin, G.; & Rose, T. (2022). Determinants of low-income women's participation in self-collected samples for cervical cancer detection: Application of Theory of Planned Behavior. *Community Health Equity Research and Policy*.
6. Asare, M., Abah, Elakeche, Obiri-Yeboah, D., Lowenstein, L., & **Lanning, B.** (2022). HPV self-sampling for cervical cancer screening among women living with HIV in low- and middle-income countries: What do we know and what can be done? *Healthcare*, 10,1270. <https://doi.or/10.3390/healthcare10071270>

7. \*Spadine, M. N., Patterson, M. S., \*Brown, S. E., \*Nelon, J. L., **Lanning, B.**, Johnson, D. M. (2022). Predicting emotional abuse among a sample of college students. *Journal of American College Health*, 70(1), 256-264. doi: 10.1080/07448481.2020.1740709. Impact Factor: 3.087.

## 2021

8. Asare, M. , **Lanning, B. A.**, Isada, S., Rose, T., Mamudu, H. M. (2021). Feasibility of utilizing social media to promote HPV self-collected sampling among medically underserved women in a rural southern city in the United States (U.S.). *International Journal of Environmental Research and Public Health*. 18 (20): 10820. [https://doi-org.ezproxy.baylor.edu/10.3390/ijerph182010820](https://doi.org.ezproxy.baylor.edu/10.3390/ijerph182010820). Impact factor 3.39.
9. Asare, M., \*Popelsky, B., Akowuah, E., **Lanning, B. A.**, Montealegre, J. R. (2021). Internal and external validity of social media and mobile technology-driven HPV vaccination interventions: systematic review using the reach, effectiveness, adoption, implementation, maintenance (RE-AIM) framework. *Vaccines*, 9(3), 197. <https://doi.org/10.3390/vaccines9030197>
10. Jones\*, R. D., Asare, M., & **Lanning, B. A.** (2021). A retrospective cross-sectional study on the prevalence of e-cigarette use among college students. *Journal of Community Health*, 46(9). Doi: 10.1007/s10900-020-00869-x
11. **Lanning, B.A.**, Ivey, J. (2021). Therapeutic Comparison of Equine Movement and Therapeutic Riding as Interventions for Children with Autism. *The International Journal of Interdisciplinary Social and Community Studies*.

## 2020

12. \*Pennington, M., Ylitalo, K., **Lanning, B.A.**, Dolan, S., Gulliver, S. B. (2020). An epidemiological study of suicide among firefighters: Findings from the National Violent Death Reporting System, 2003-2017. *Psychiatry Research*, doi: 10.1016/j.psychres.2020.113594.
13. Patterson, M. S., \*Prochnow, T., \*Nelon, J. L., \*Spadine, M. N., \*Brown, S. E., & **Lanning, B. A.** (2020). Egocentric network composition and structure relative to violence victimization among a sample of college students. *Journal of American College Health*, doi: 10.1080/07448481.2020.1841777.
14. \*Backhaus, I., Zaranza, L., Ramirez, A., Chang, R., Fischer, F., Wiehn, J., Lin, S., Begotaraj, E. & **Lanning, B.A.** (2020). Associations between social capital and depressive symptoms among college students in 12 countries: Results of a cross-national study. *Frontiers in Psychology*, 11:e644. <https://doi.org/10.3389/fpsyg.2020.00644>

15. \*Spadine, M. N., Patterson, M. S., \*Brown, S. E., \*Nelton, J. L., **Lanning, B.**, Johnson, D. M. (2020). Predicting Emotional Abuse among a Sample of College Students. *Journal of American College Health*. doi: 10.1080/07448481.2020.1740709.
  16. Agyei-Baffour, P., Asare, Matthew, **Lanning, B.**, Koranteng, A., \*Millan, C., Commeh, M. E., Montealegre, J. R., & Manudu, H. M. (2020). Human Papillomavirus vaccination practices and perceptions among Ghanaian healthcare providers: A qualitative study based on multi-theory model. *PLoS ONE* 15(10): e0240657. <https://doi.org/10.1371/journal.pone.0240657>.
  17. \*Benavidez, G., Asare, M., **Lanning, B.**, Ylitalo, K., \*Fakhoury, C., \*Thompson, N., Boozer, K., & Hadii M. Mamudu (2020). Young Adult's human papillomavirus-related knowledge: source of medical information matters. *Public Health*, 182, p. 125-130. [doi.org/10.1016/j.puhe.2020.01.020](https://doi.org/10.1016/j.puhe.2020.01.020)
  18. \*Benavidez, G., Ylitalo, K., **Lanning, B.**, Asare, M., Meyer, A., & Griggs, J.O. (2020). Peripheral neuropathy and depressive symptoms: Examining the association in a primary health care setting among persons with and without diabetes mellitus. *Quality of Life*, (), 1-8. doi: 10.1007/s11136-020-02579-2
  19. Patterson, M. S., \*Russell, A. M., \*Nelton, J. L., Barry, A. E., & **Lanning, B. A.** (2020). Using social network analysis to understand sobriety among members of a campus recovery community. *Journal of Student Affairs Research & Practice*. doi: 10.1080/19496591.2020.1713142
  20. Asare, M., Agyei-Baffour, P., **Lanning, B. A.**, Owusu, A. B., Commeh, M. E., Boozer, K., Koranteng, A., Spies, L. A., Montealegre, J. R., & Paskett, E. D. (2020). Multi-theory model and predictors of likelihood of accepting the series of HPV vaccinations: A cross-sectional study among Ghanaian adolescents. *International Journal of Environmental Research and Public Health*, 17, 571; doi:10.3390/ijerph17020571.
- 2018**
21. \*Shaikh, H., Patterson, M., **Lanning, B.**, Umstatted-Meyer, R., & Patterson, C. (2018). Assessing college students' use of campus recreation facilities through individual and environmental factors. *Recreational Sports Journal*. Doi:10.1123/rsj.2017-0033. (This paper was selected to receive the National Intramural-Recreational Sports Association [NIRSA] Foundation President's Award for outstanding writing in 2018). Impact Factor: not available
  22. **Lanning, B. A.**, \*Wilson, A., Woelk, R. & Beaujean, A. (2018). Therapeutic horseback riding as a complementary intervention for military service members with PTSD. *Animal-Human Interaction Bulletin*, 6(2), 58-82. Impact Factor: not available. <https://doi.org/10.1079/hai.2018.0013>
  23. \*Pierce, J. D., Ylitalo, K. R., **Lanning, B. A.**, & Limbers, C. C. (2018). Sex education and HIV testing among young men who have sex with men: Findings from the 2006-2010 and 2011-2015 National Survey of Family Growth. *JAIDS: Journal of Acquired*

*Immune Deficiency Syndroms*, doi: 10.1097/qai.0000000000001773. Impact Factor: 3.863

24. **Lanning, B. A.**, Melton, K., & \*Abel, N. (2018). The Impact of a Supplemental Drivers' Education Program on Teenage Risk Perception and Driving Behaviors. *Transportation Research Part F: Psychology and Behaviour*, 58, 442-451. doi: 10.1016/j.trf.2018.06.019. 5-Year Impact Factor: 3.006
25. \*Duval, A., **Lanning, B. A.**, & Patterson, M. S. (2018). A systematic review of dating violence risk factors among undergraduate college students. *Trauma, Violence, & Abuse*, doi: 10.1177/1524838018782207. Impact Factor: 5.457. PUBMED 2020.
26. Ylitalo, K., **Lanning, B. A.**, Umstadd-Meyer, R. (2018). Simple screening tools to identify limited health literacy in a low-income patient population. *Medicine*. doi: [10.1097/MD.00000000000010110](https://doi.org/10.1097/MD.00000000000010110) . Impact Factor: 2.133
27. Melton, K., **Lanning, B. A.**, & \*Abel, N. (2018). Family-centered approach to teen-driving program: Program evaluation of parental behavioral outcomes. *Journal of Adolescent and Family Health*, 9 (1), Article 2. Impact Factor: not available

## 2017

28. **Lanning, B.A.**, Golman, M. & Crosslin, K. (2017). Improving human papillomavirus vaccination uptake in college students: a socio-ecological perspective. *American Journal of Health Education*, 48 (2), 116-128. Doi: 10.1080/19325037.2016.1271753. Impact Factor: not available
29. **Lanning, B. A.**, \*Wilson, A. L., Krenek, N., Beaujean, A. A. (2017). Using therapeutic riding as an intervention for combat veterans: An International Classification of Functioning, Disability, and Health (ICF) approach. *Occupational Therapy in Mental Health*. <http://dx.doi.org/10.1080/0164212X.2017.1283282>. Impact Factor: not available. Journal uses SJR.
30. \*Rigby, B. R., \*Gloeckner, A. R., \*Sussums, S., **Lanning, B. A.**, & Grandjean, P. W. (2017). Changes in cardiorespiratory responses and kinematics with hippotherapy in youth with and without cerebral palsy. *Research Quarterly for Exercise and Sport*. doi: 10.1080/02701367.2016.1266458. Impact Factor: 2.032

## 2015

31. \*Frederick, K.E., Ivey-Hatz, J., **Lanning, B.** (2015). Not just horsing around: The impact of equine-assisted learning on levels of hope and depression in at-risk adolescents. *Community Mental Health Journal*, 51(7), 809-817. doi 10.1007/s10597-015-9836-x. Impact Factor: 1.450

## 2014

32. **Lanning, B.A.**, Baier, M.E., Ivey-Hatz, J., Krenek, N., Tubbs, J.D. (2014). Effects of Equine assisted activities on Autism Spectrum Disorder. *Journal of Autism and*

*Developmental Disorders*, 44(8), 1897-1907. Doi 10.1007/s10803-014-2062-5. Impact Factor: 3.348

33. Hatz, J. & **Lanning**, B.A. (2014). Extreme autism camps: Parental perceptions and Reasons for enrolling. *Autism Quarterly*, (spring), 11-12. Impact Factor: not available

### 2013

34. **Lanning**, B. A. , & Krenek, N. (2013). Examining effects of equine-assisted activities to help combat veterans improve quality of life. *Journal of Rehabilitation Research and Development*. 50(8):xv-xxii. <http://dx.doi.org/10.1682/JRRD.2013.07.0159>. Impact Factor: 1.043

### 2010

35. **Lanning**, B. A. & Doyle, E.I. (2010). Health literacy: Developing a practical framework for effective health communication. *Journal of American Medical Writers Association*; 25(4):155-161. Impact Factor: not available

### 2008

36. Bowden, R. G., **Lanning**, B. A., Doyle, E. I., \*Slonaker, B., \*Johnston, H M., \*Scanes, G. (2008). The effects of weight loss attempts, exercise initiation, and dietary practices on health related quality of life. *Applied Research Quality Life*, 3: 149-160. Impact Factor: 1.528

### 2007

37. Lutz, R. S., Lockbaum, M. R., **Lanning**, B. A., \*Stinson, L. G., \*Brewer, R. (2007). Cross-lagged relationships among leisure-time exercise and perceived stress in blue collar workers. *Journal of Sport and Exercise Psychology*, 29 (6), 687-705. Impact Factor: 2.434
38. Bowden, R. G., **Lanning**, B.A., Doyle, E. I., \*Johnston, H. M., \*Slonaker, B., Scanes, G. (2007). Systemic glucose level changes with a carbohydrate restricted and higher protein diet combined with exercise. *Journal of American College Health*, 56(2), 147-152. Impact Factor: 1.656

### 2006

39. **Lanning**, B.A., & Massey-Stokes, M. (2006). Child abuse prevention programs in Texas accredited non-public schools. *The American Journal of Health Studies*, 21 (1) 36-43. Impact Factor: not available
40. Bowden, R.G, **Lanning**, B.A., Doyle, E.I., \*Johnston, H. M., \*Slonaker, B., Scanes, G., Casey, P. (2006). Effects of a two dietary approaches combined with exercise on lipid levels. *American Journal of Health Studies*, 21(1). 20-27. Impact Factor: not available



41. Bowden, R.G., \*Herbert, S., Wilson, R., \*Gentile, M., **Lanning, B. A.** (2006). A cholesterol primer for health professionals. *California Journal of Health Promotion*, 4(1), 12-21. Impact Factor: not available

## 2005

42. Bowden, R. G., **Lanning, B.A.**, Doyle, E. I., \*Johnston, H. M., \*Slonaker, B., Scanes, G. (2005). Lipid levels in a cohort of sedentary university students. *Internet Journal of Cardiovascular Research*, (online), 2(2). 1-12. Impact Factor: not available
43. Bowden, R. G., **Lanning, B. A.**, Doyle, E. I., \*Johnston, H. M., \*Nassar, E., \*Slonaker, B., Scanes, G. (2005). Comparison of body composition measures to dual-energy x-ray absorptiometry. *Journal of Exercise Physiology (online)*, 8(2), 1-9. Impact Factor: not available. Journal uses SJR
44. Massey-Stokes, M. & **Lanning, B. A.** (2005). School health and family and community involvement: Making a difference in the prevention of child abuse and neglect. *Adolescent & Family Health*, 3(4), 154. Impact Factor: not available

## 2004

45. Doyle, E. I., Coggin, C., & **Lanning, B.** (2004). Writing for publication in health education. *American Journal of Health Studies* 19(2), 100-109. Impact Factor: not available
46. **Lanning, B. A.**, Bowden, R.G., \*Owens, R. & Massey-Stokes, M. (2004). The influences of gender, age, perceived fitness, and aerobic activity on social physique anxiety and self-esteem in adults sixty and older. *Psychological Reports*, 95, 761-766. Impact Factor: 1.023
47. Massey-Stokes, M. & **Lanning, B.** (2004). The role of CSHPs in preventing child abuse and neglect. *Journal of School Health*, 74(6), 193-194. Impact Factor: 1.521

## 2003

48. Bowden, R., **Lanning, B.**, Pippin, G., Tanner, J. (2003) The effects of teachers' attitudes on the presentation of abstinence-only sex education curricula. *Education*; 123(4): 780-790. Impact Factor: not available

## 2002

49. Massey-Stokes, M, & **Lanning, B.** (2002). Childhood cancer and environmental toxins: The debate continues. An interview with W. Paul Bowman, MD, Melanie Oblender, MD, Kevin C. Oeffinger, MD, and Jonathan Ward, PhD. *Journal of Family and Community Health*; 24(4): 27-38. Impact factor: 0.947.

## 2001

50. **Lanning, B.** (2001). Spirituality, the center of health. *Baylor Educator*; 20 (1): 8-9.  
Impact Factor: not available

51. Bowden, R. & **Lanning, B.** (2001). The reemergence of public and community health.  
*Baylor Educator*; 20 (1): 4-5. Impact Factor: not available

### 1999

52. \***Lanning, B.**, Ballard, D. J., Robinson III, J. (1999). Child sexual abuse prevention programs in Texas public elementary schools. *Journal of School Health*; 69 (1): 3-8.  
Impact Factor: 1.521.

\*Indicates student co-authorship

## G.2. Manuscripts in Review

1. Elliott, A.P., Gallucci, A.R., Oglesby, L.W., Funderburk LL., **Lanning, B.A.** Tomek, S., (in review). Adverse Outcomes Associated with Burnout in Athletic Training Students. .
2. Patterson, M. S., \*Brown, S. E., \*Spadine, M. S., \*Nelson, J. L., \*Duval, A. L., **Lanning, B. A.**, Johnson, D. M., & \*Klimek, S. A. (in review). Exploring sexual violence victimization across multiple samples: Current trends and future solutions. *Journal of Student Affairs Research & Practice*
3. **Lanning, B. A.**, Mecate, C., & Evan, J. (in review). Using the self-determination theory to understand affects of equine-assisted services for military service members. *Cognitive & Behavioral Practice*.

## G.3. Manuscripts in Preparation

1. Lanning, B.A., Young, E. (in progress). The use of an emotional support dog in a drop off center for at-risk youth.
2. Lanning, B.A., \*Asiedua, C., .... Effects of mechanical organic movement on children with Autism: Case Study
3. Lanning, B.A., \*Amezcuca, C., \*Tijani, A..... Motivational Interviewing curriculum for advocates who work with commercial sexually exploited youth.

#### G.4. Other Publication

1. **Lanning, B.A.** (February 2022). Motivational interviewing (MI) training for CSEY service providers: An evaluation and e-learning. Technical report prepared for the *Child Sex Trafficking Team of the Criminal Justice Division of the Office of the Governor of Texas*.
2. **Lanning, B.A.** (2021). Working in the world of human-animal interaction research. In Kogan, L. & Erdman, P (Eds), *Career paths in human animal interaction for social and behavioral Scientists* (pp. 39-40). Routledge. ISBN 9780367366148.
3. **Lanning, B.A.** (March 2021). Evaluation of psychosocial and reintegration outcomes for military service members and veterans participating in a therapeutic riding program. Technical report prepared for *BraveHearts Therapeutic Riding Center*.
4. **Lanning, B.A.** (February 2021). Motivational interviewing (MI) training for CSEY service providers: An evaluation. Technical report prepared for the *Child Sex Trafficking Team of the Criminal Justice Division of the Office of the Governor of Texas*.
5. Nolen, E., \*Rogers, V. & **Lanning, B.A.** (March 2019). A process evaluation of the summer electronic benefit transfer for children program: 2018 demonstration. Technical report prepared for *Texas Department of Agriculture*.
6. **Lanning, B.A.**, & Melton, K. (September 2015). Evaluation of the Texas Reality Education for Drivers Program. Technical report prepared for the *Texas Department of Transportation and Baylor Scott & White Medical Center*.

#### G.5. Refereed Presentations

1. \*Klimek, S., Patterson, M. S., Brown, S., Spadine, M. S., Nelon, J., Duval, A., Fehr, S., **Lanning, B.**, & Johnson, D. (November 6-9, 2022). *Rates and risks of collegiate sexual violence across multiple campuses: Exploring changes in trends and future solutions*. Selected as a poster presentation at the American Public Health Association (APHA) 150<sup>th</sup> Annual Meeting, Boston, Massachusetts.
2. **Lanning, B.**, Ivey, J., Rylander, J., Filmore, P., \*Hockett, S., Switzer, R., & Garner, B. *Investigating equine movement as a mechanism of change in children with Autism*. Horses and Humans Research Foundation annual conference. Chagrin Falls, OH. August 13, 2022.
3. Patterson, M. S., Flora, S., Lin, N., Nugent, B., Abu-Esba, Z., & **Lanning, B.** *Exploring sources of social support for undergraduate students who have an emotional support animal: An egocentric network analysis*. Selected as a poster presentation at the American Academy of Health Behavior (AAHB) 22<sup>nd</sup> Annual Meeting. Key Largo, Florida, March 13, 2022.

4. \*Coleman, R., \*Blach, C., Ivey, J., Garner, B., Rylander, J., **Lanning, B.**, & Fillmore, P. *Multitasking Organic Motion Stimulus as an Intervention for Autism*. Annual Meeting of the National Association of School Psychologists, Boston MA, Feb 2022.
5. Rylander, J., \*Hockett, S., Garner, B., Switzer, R., Fillmore, P., Ivey, J., **Lanning, B. A.**, \*Coleman, R., \*Kantety, V.. *Balance, Brain, Speech, Kinematic, and Behavioral Effects of a Mechanical Horse-Riding Simulator for Children with Autism*, International Society for Autism Research (INSAR), Austin, TX, May 11-14, 2022.
6. Garner, B., **Lanning, B. A.**, Rylander, J., Fillmore, P., Ivey, J., \*Hockett, S., Switzer, R., \*Coleman, R., & \*Kantety, V. *Baylor Autism Research Study with Horse Riding Simulator*. 2022 PATH Intl. Region 10 conference. Park City, UT. May 20-22, 2022.
7. Switzer, R., \*Hockett, S., \*Kantety, V., \*Coleman, R., Lemke, D., Ivey, J., **Lanning, B.**, Rylander, J., Garner, B. & Fillmore, P. *Neural Effects of a Multitasking Organic Motion Stimulus in Children with Autism Spectrum Disorder*. Neurofeedback Society of the University of Texas San Antonio Virtual Meeting, November 13<sup>th</sup>, 2021.
8. Asare, M., **Lanning, B. A.**, Ayei-Baffour, P., Koranteng, A., & Millan, C. *Identifying facilitators and barriers to HPV vaccination uptake in a Low-and-Middle Income Country (LMIC): A Qualitative Study based on Multi-Theory Model among Ghanaian healthcare providers*. Submitted as poster abstract for the American Public Health Association annual meeting. October 24-28, 2021.
9. Garner, B., **Lanning, B. A.**, Rylander, J., Fillmore, P., Ivey, J., \*Hockett, S., Switzer, R., \*Coleman, R., & \*Kantety, V. *Baylor Autism Research Study with Horse Riding Simulator* Oral presentation. 2021 PATH Intl. Region 8/LSTEN conference. Texarkana, AR. August 1, 2021.
10. **Lanning, B.A.** & Patterson, M. (September 3-5, 2020). *The status, purpose, and welfare of animals on college campuses*. The International Society of Anthrozoology (ISAZ) Annual Conference. Liverpool, England. Virtual live presentation.
11. Spies, L. & **Lanning, B. A.** (August 30-Sept. 2, 2020). *One Health: Creating an Interdisciplinary Global Health Student Experience*. Accepted oral presentation. 11<sup>th</sup> International Council of Nurses' NP/APN Network Conference. Halifax, Canada.
12. **Lanning, B. A.**, & Spies, L. (March 18, 2020). *Using the One Health framework to structure an inter-disciplinary study abroad global health course. More than just a course about health*. Selected as a poster session at the Association of Schools & Programs of Public Health Annual Meeting. Arlington, VA. Meeting canceled due to COVID19 pandemic.
13. Patterson, M. S., \*Prochnow, T., Spadine, M. S., Brown, S. E., Nelon, J. L., & **Lanning, B. A.** (April 1-4, 2020). *Impact of egocentric networks on physical, emotional, and sexual violence among a sample of college students*. Selected as a poster session at the

Society of Behavioral Medicine (SBM) 41st Annual Meeting. San Francisco, CA. Meeting canceled due to COVID19 pandemic.

14. \*Brown, S. E., Patterson, M. S., \*Spadine, M. N., \*Nelon, J. L., **Lanning, B. A.**, Johnson, D. M. (March 8-11, 2020). *Sexual Violence Victimization across Three University Campuses: An Exploratory Study*. Selected as a poster session at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. Meeting canceled due to COVID19 pandemic.
15. \*Spadine, M. N., **Patterson, M. S.**, \*Brown, S. E., \*Nelon, J. L., **Lanning, B. A.**, Johnson, D. M. (October 24-28, 2020). *An examination of factors related to emotional abuse among college students*. Selected as a round table oral presentation at the American Public Health Association (APHA) 148th Annual Meeting. San Francisco, CA. [virtual conference due to COVID-19]
16. \*Spadine, M. N., Patterson, M. S., \*Brown, S. E., \*Nelon, J. L., **Lanning, B. A.**, Johnson, D. M. (March 8-11, 2020). *Predicting Emotional Abuse among a Sample of College Students*. Selected as a poster session at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. Meeting canceled due to COVID19 pandemic. Presented at virtual conference in 2021.
17. \*Benavidez, G., Asare, M., **Lanning, B.A.**, Ylitalo, K., Fakhoury, C., & Thompson, N. *Evaluating the Relationship Between Source of Medical Information and Human Papillomavirus (HPV) Related Knowledge and in Young Adults*. American Public Health Association 2019 Annual Meeting and Expo, Philadelphia, PA. November 2-6, 2019. **PHEHP Student Awards Poster Session.**
18. \*Duval, A., Patterson, M., \*Nelon, J., \*Sapdine, M., & **Lanning, B. A.** *Factors related to rape myth attitudes among a sample of college students*. 2019 American Academy of Health Behavior (AAHB). Poster presentation. March 10-13, 2019, Greenville, SC.
19. Patterson, M. S., \*Russell, A., \*Nelon, J. L., & **Lanning, B.** *Investigating the relationship between social structure and sobriety in a campus recovery program*. 19<sup>th</sup> Annual American Academy of Health Behavior (AAHB Meeting). Poster presentation. March 10-13, 2019. Greenville, SC.
20. \*Larsen, A., **Lanning, B.A.**, Ylitalo, K., Umstattd, R., & Griggs, J. *The impact of low health literacy on substance use*. 2019 Society of Public Health Education (SOPHE). Poster presentation. March 29, 2019. Salt Lake City, Utah.
21. Patterson, M. S., **Lanning, B.**, \*Duval, A., Ylitalo, K., & Melton, K. *Hooking up experiences on a college campus*. American Public Health Association (APHA) 146<sup>th</sup> Annual Meeting. Poster presentation. November 10-14, 2018. San Diego, CA
22. Ylitalo, K., Umstattd, R., **Lanning, B.**, \*During, C., Laschober, R. & Griggs, J. *The newest vital sign: Simple screening tools to identify limited health literacy among*

- patients at a federally-qualified health center.* 2018 American Academy of Health Behavior (AAHB). Poster Presentation. March 4-7, 2018. Portland, Oregon.
23. \*Gomez, A., **Lanning, B.A.**, & Doyle, E. I. *Health Through the Eyes of Brazilian Adolescence using Photovoice.* Society of Public Health Education National Conference, Columbus, Ohio. April 4-6, 2018.
  24. \*Duval, A., Patterson, M. S., **Lanning, B.**, Ylitalo, K., & Melton, K. *Evaluating risk factors of sexual assault victimization on a college campus.* 2018 American Academy of Health Behavior (AAHB). Poster Presentation. March 4-7, 2018. Portland, OR.
  25. **Lanning, B.A.** & \*Nelon, J. *Efficacy of Simulated Equine Movement as a Therapy Modality for Children with Autism: A Cross-over Trial.* Professional Association of Therapeutic Horsemanship, International Conference. San Antonio, Texas. Nov. 9-12, 2017.
  26. Ylitalo, K., \*Hapgood, J., \*During, C., Limbers, C., & **Lanning, B. A.** “*Veggie Van*”: *Nutrition Self-Efficacy of Mobile Produce Market Users.* American Public Health Association Annual Meeting & Expo. Nov. 4- Nov. 8, 2017.
  27. **Lanning, B.A.**, & Krenek, N. *The Effects of Therapeutic Riding on Functioning and Quality of Life of Veterans: An ICF Perspective.* Professional Association of Therapeutic Horsemanship International Annual Meeting, Williamsburg, VA. November 5, 2016. Oral presentation.
  28. \*Abel, N., & **Lanning, B.A.** *A Collaborative Empowerment Approach to Improve Urban Health Literacy* poster presentation, Society for Public Health Education 67<sup>th</sup> Annual Meeting, Charlotte, North Carolina. March 30-April 1, 2016.
  29. **Lanning, B.A.** *Effects of equine-veteran interactions on quality of life and depression symptoms* Presentation. International Society of Anthrozoology Annual Conference. Saratoga Springs, NY. July 7-9, 2015. Oral Presentation.
  30. **Lanning, B. A.**, Golman, M. & Crosslin, K. *Predictive characteristics of college students initiating Human Papilloma Virus vaccination.* Poster Presentation. American Academy of Health Behavior National Conference. San Antonio, TX. March 2015.
  31. Golman, M., Crosslin, K., **Lanning, B.A.** *Informing a Campaign to Increase HPV Vaccination Rates among College Students.* Poster presentation Society for Public Health Education National Meeting, Portland, OR., April 2015.
  32. Crosslin, K., **Lanning, B.A.** *Gender-based perceptions of the HPV vaccine for males.* 142<sup>nd</sup> Poster presentation. APHA Annual Meeting and Exposition. New Orleans, LA. November 15-19, 2014.

33. \*Frederick, K., **Lanning, B.A.**, Hatz, J. *The Impact of Equine- Assisted Learning on Levels of Hope and Depression in At-Risk Adolescents*. Presentation. Society for Public Health Education National Meeting, Baltimore, MD., March 2014.
34. **Lanning, B.A.**, Krennek, N., Ivey-Hatz, J., Muir-Boudreaux, J. *The Efficacy of EAA/EATas a Treatment Modality for Children with ASD*. Presentation. Professional Association of Therapeutic Horsemanship International Annual Meeting, Bellevue, WA., October 2012.
35. **Lanning, B.A.**, Krennek, N., Sjule, S. *Post traumatic growth versus PTSD treatment: The role of equine assisted activities in the growth process*. Presentation. Professional Association of Therapeutic Horsemanship International Annual Meeting, Bellevue, WA., October 2012.
36. \*Dillon, K., **Lanning, B.A.**, Umstatt-Meyer, R. *A Theory-Based Investigation of Weight Change and Nutrition Behaviors Among College Students*. Poster session presented at annual meeting of Society for Public Health Education, San Francisco, CA. October, 2012.
37. \*Stroupe, J., **Lanning, B.A.**, Bowden, R. *Macro-Level Modifiable Variables Affecting Breastfeeding Rates*. Poster session presented at annual meeting of Society for Public Health Education, San Francisco, CA. October, 2012.
38. Doyle, E. I., **Lanning, B. A.** , Griffith, A. H., \*Solano-Salas, M. *Fine-Tuning the Approach: Culturally-Appropriate Assessment and Health Promotion Methods for Low-Literacy Adults* Poster session presented at mid-year meeting of the Society for Public Health Education, Nashville, TN. April, 2012.
39. **Lanning, B. A.**, *NARHA Horses for Heroes Research*. NARHA National Conference and Annual Meeting. Fort Worth, Texas. November 18-21, 2009.
40. **Lanning, B. A.** *Healing with horses: NARHA Horses for Heroes program*. Poster session presented at the annual meeting of the Society for Public Health Education, Philadelphia, Pennsylvania. November, 2009.
41. **Lanning, B.A.**, Irons, L. *A look at primary prevention methods for reducing sexual violence*. Society for Public Health Education (SOPHE) 60<sup>th</sup> Annual Meeting, Philadelphia, Pennsylvania. November 4-7, 2009.
42. **Lanning, B. A.**, O'Meara Krennek, N., Schroeder, J., Reese, S. *Changes in quality of life indicators using the NARHA Horses for Heroes program: A preliminary report*. 2008 NARHA National Meeting, Hartford, Connecticut. October 29-November 1, 2008.
43. Doyle, E. I., Doyle, R.D., \*Deike, E., Hartman, J., & **Lanning, B.A.** *Using the Global School-Based Student Health Survey among Brazilian adolescents*. Society for Public Health Education's (SOPHE) 59<sup>th</sup> Annual Meeting, San Diego, CA. October 23-25, 2008.

44. **Lanning, B.A.**, Garner, B., Alford, K. *Equine Therapy and Quality of Life: Finding the Evidence*. 2007 North American Riding for the Handicapped Association (NARHA) National Meeting, Anaheim, CA. November 14-17, 2007.
45. Doyle, E. I., **Lanning, B.A.**, Walton, J., Long, C. *Culturally Appropriate Methods for Conducting Face-to-Face Interviews among Low-literacy Adults*. The Annual Convention of the Society for Public Health Education, Alexandria, Virginia, November 1-3, 2007.
46. Doyle, E. I., **Lanning, B.A.**, Walton, J., \*Crosslin, K., \*Long, C. & Long, L. *Testing Community-Based Participatory Research Methods for Health Promotion Outcomes in a Faith-Based Setting*. The Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Baltimore, MD, March 13-17, 2007.
47. **Lanning, B.A.**, Massey-Stokes, M., Tanner, J. *Effects of Abstinence Education on the Sexually Abused*. 2nd Annual Abstinence Education Evaluation Conference, Baltimore, MD. March 19-20, 2007.
48. Bowden, R.G., **Lanning, B.A.**, Doyle, E.I., \*Johnston, H., \*Slonaker, B., Scanes, G. *Effects of a High Protein Diet and Exercise Initiation on Lipid Levels*. American Academy of Health Behaviors. Savannah, GA. March 2007.
49. Bowden, R.G., **Lanning, B.A.**, Doyle, E.I., \*Johnston, H., \*Slonaker, B., Scanes, G. *The Effects of Two Dietary Approaches and Exercise Initiation on Health Related Quality of Life*. American Academy of Health Behaviors. Savannah, GA. March 2007.
50. Davis, M., **Lanning, B. A.**, \*Nassar, E. , \*Long, L. \*Opusunju, J. , Bowden, R., Beckham-Dove, J., Wismann, J. , Galbreath, M., Campbell, B. , Harvey, T. Kerksick, C., LaBounty, P., Ferreira, M., Wilborn, C., Crixell, J., Iosia, M., Cooke, M., Rasmussen, C., Kreider, R. *Effects of the Curves Fitness & Weight Loss Program VII: Body Image and Self Esteem*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2007.
51. Harvey, T., \*Nassar, E., Bowden, R., \*Davis, M., \*Long, L., \*Opusunju, J., **Lanning, B.**, Beckham-Dove, J., Wismann, J. , Galbreath, M., Campbell, B., Kerksick, C., LaBounty, P., Ferreira, M., Wilborn, C., Crixell, J., Iosia, M., Cooke, M., Rasmussen, C., Kreider, R. *Effects of the Curves Fitness and Weight Loss Program VI: Quality of Life*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2007.
52. **Lanning, B.A.**, Alford, K., Tietjen-Smith, T., Gardner, B. *Research Forum: Research in the Field of Equine Assisted Therapy*. North American Riding for the Handicapped Association National Conference. Indianapolis, IN. November 2006.



53. Bowden, RG., **Lanning, BA**, Doyle, EI, \*Johnston, H., \*Slonaker, B., Scanes, G. *Demonstrating the Need for Lipid Screening on University Campuses: Evidentiary Support from a Cohort of University Students*. AAHPERD National Conference. Salt Lake City, Utah. April 2006.
54. **Lanning, BA**, Irons, L., Massey-Stokes, M. *The Animal/Human Bond: Improving Health*. AAHPERD National Conference. Salt Lake City, Utah. April 2006.
55. Bowden, RG., **Lanning, BA**, Doyle, EI, \*Johnston, H., \*Slonaker, B., Scanes, G. *The Effects of Carbohydrate Restriction and Increased Protein Intake Combined with Exercise on Systemic Glucose Levels*. American Academy of Health Behaviors. Carmel, CA. March 2006.
56. Bowden, RG, **Lanning, BA**, Doyle, EI, \*Johnston, BS, \*Slonaker, BS, Scanes, BS. *Effects of Moderate Protein and High Carbohydrate Diets on Lipid Levels*. American Academy of Health Behavior Scientific Conference. Charleston, South Carolina. 2005.
57. \*Long, L, , Bowden, RG, **Lanning, BA**, \*Nassar, EI, \*Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. *Effects of the Curves Fitness & Weight Loss Program V: Quality of Life*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2005.
58. \*Long, L, **Lanning, BA**, Bowden, RG, \*Nassar, EI, \*Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. *Effects of the Curves Fitness & Weight Loss Program VI: Body Image*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2005.
59. **Lanning, B.** , Massey-Stokes, M. and Williams, L. *Where's the Fat?* Poster Presentation. AAHPERD National Conference. Chicago, Illinois. April 2005.
60. Bowden, R. & **Lanning, B.** *Comparison of Body Composition Measures to Dual Energy X Ray Absorptiometry*. Presentation. AAHPERD National Conference. Chicago, Illinois. April 2005.
61. \*Nassar, E.I., Bowden, R.G., **Lanning, B.A.**, Johnston, H. Slonaker, B., Scanes, G., Rasmussen, C., & Kerksick, C. *The efficacy of body mass index as a health status indicator*. Presentation. International Society of Sport Nutrition Conference. Las Vegas, Nevada. June 2004
62. **Lanning, B.** and Massey-Stokes, M. *Assessment of Child Sexual Abuse Prevention Programs in Texas K-12 Private Schools*. Poster Presentation. AAHPERD National Conference. New Orleans, LA. April 2004.
63. **Lanning, B.**, Bowden, R., \*Johnston, H., Rasmussen, C., Kerksick, C., \*Magrans, T., Campbell, B., Baer, J., Thomas, A., \*Slonaker, B., Pfau, E., Grimstvedt, M., Wilborn, C., Marcello, B., Fogt, D., Taylor, L., Mulligan, C., Rohle, D., Vacanti, A., Ounpraseuth, S.,

Casey, P., Wilson, R., Greenwood, M., Kreider, R., Earnest, C. *Effects of the Curves® fitness and weight loss program VIII: Body image*. Poster presentation. Experimental Biology Annual Meeting, Washington, DC. April 2004

64. Bowden, RG, **B. Lanning**, H. \*Johnston, C. \*Rasmussen, C. Kerksick, T. Magrans, B. Campbell, J. Baer, A. Thomas, B. Slonaker, E. Pfau, M. Grimstvedt, C. Wilborn, B. Marcello, D. Fogt, L. Taylor, C. Mulligan, D. Rohle, A. Vacanti, S. Ounpraseuth, P. Casey, R. Wilson, M. Greenwood, R. Kreider, C. Earnest. *Effects of the Curves® Fitness & Weight Loss Program VII: Quality of Life*. Poster presentation. Experimental Biology Annual Meeting, Washington, DC. April 2004
65. Massey-Stokes, M. & **Lanning, B.** *The Role of the Coordinated School Health Program in Preventing Child Abuse and Neglect*. The American School Health Association's 77<sup>th</sup> National School Health Conference, El Paso, TX. October 2003.
66. Bowden, R., **Lanning, B.**, Irons, L. and Briggs, J. *Gender Comparisons of Social Physique Anxiety and Perceived Fitness in a College Population*. Poster presentation. AIPHERD National Convention, San Diego, CA. April 2002
67. **Lanning, B.** and Doyle, E. *Student Mentoring and Community Partnership Building: A "Win-Win" Combination*.- Society for Public Health Association (SOPHE) annual Conference. Atlanta, GA, October 2001.
68. **Lanning, B.** *Enhancing Relationships and Gender Communication*. SDAAHPERD Convention, Biloxi, MS- February 1998.

## State

69. **Lanning, B.** *Horses for Heroes Program-Preliminary Findings*. Presentation. NARHA Regional Conference. Houston, Texas. August 1, 2009.
70. **Lanning, B.**, Irons, L., and Williams, L. *Continuum of Healthy Sexuality*. Presentation. TAHPERD State Conference. December 2005.
71. Long, L, Nassar, E, Bowden, RG, **Lanning, BA**, Zimmerman, A, Fogt, D, Greenwood, M, Wilson, R, Kreider, R. *Effects of the Curves fitness & weight loss program V: Quality of Life & VI: Body image*. Texas, American College of Sports Medicine. 2005.
72. **Lanning, B.** and Williams, L. *Barriers to Children's Health Issues –Part 2*. Presentation. TAHPERD State Conference. Arlington, Texas. December 2004.
73. **Lanning, B.**, Bowden, R., Doyle, E., Johnston, H., Slonaker, B., and Scanes, G. *Serum Cholesterol Levels in Sedentary College Students*. Presentation. TAHPERD State Conference, Arlington, Texas. December 2004.

74. **Lanning, B.** and Williams, L. *Barriers to Children's Health Issues*. Presentation. TAHPERD Summer Conference. Waco, Texas. July 2004
75. **Lanning, B.**, Bowden, R., Owens, R., and Massey-Stokes, M. *The Influences of Gender, Age, Perceived Fitness and Aerobic Activity on Social Physique Anxiety and Self-Esteem in Adults Sixty and Older*. Poster Presentation. TAHPERD State Conference, Galveston, TX. December 2003
76. Bowden, R., **Lanning, B.**, and Irons, L. *Body Image and Disease*. Presentation. TAHPERD State Conference, Galveston, TX. December 2003.
77. **Lanning, B.**, Bowden, R., and Irons, L. *Who Cares What I Look Like—I Do*. Presentation TAHPERD State Conference, Fort Worth, TX. December 2002.
78. **Lanning, B.** *Learning by Doing: Serving the Needs of the Community Through a Health Fair*. Poster presentation, TAHPERD State Conference, Fort Worth, TX. December 2002.
79. **Lanning, B.** and Bowden, R. *Assessing Teachers' Attitudes About Teaching an Abstinence-Only Sex Education Curriculum*. TAHPERD Convention, Corpus Christi, TX, December 2001.
80. **Lanning, B.** *How to Be An "Askable" Parent/Teacher*. TAHPERD Summer conference. Waco, TX. July 1998.
81. **Lanning, B.** *Developing & Implementing Behavior Change Projects in College Health Courses*. TAHPERD Convention. Houston, Texas- December 1998.
82. **Lanning, B.** *Child Sexual Abuse Prevention Programs and the School Environment*. TAHPERD Convention, Fort Worth, Texas- December 1997.
83. **Lanning, B.** *Sex Education- "What do they want to know?" Easy ways to handle hard to ask questions*. TAHPERD Convention, Dallas, Texas- December 1995.

#### **G.6. Invited Presentations**

1. **Lanning, B.A.** *Understanding the language and logistics of research through the university lens*. Horses and Human Research Foundation research conference. Asheville, North Carolina. October 30, 2021.
2. **Lanning, B.A.** *Equine assisted service research: Are we making progress?* Horses and Human Research Foundation research conference. Asheville, North Carolina. October 31, 2021.
3. **Lanning, B.A.** *Equine-Assisted Activities: Can a horse help a veteran heal?* Horses and Human Research Foundation Board Annual Meeting. Houston, Texas. November 14, 2015.

4. **Lanning, B.A.** *How are we doing? Understanding the research.* REACH Seminar for mental health care professionals. November 12, 2015.
5. **Lanning, B.A.** *Are we making progress validating the effectiveness of EAAT?* Professional Association of Therapeutic Horsemanship, Region 8 annual conference. College Station, Texas. August 8, 2015.
6. **Lanning, B.A.** *Understanding EAAT research with combat veterans.* Professional Association of Therapeutic Horsemanship, International (PATHInt.) national conference. Pre-conference veterans session. San Diego, CA. October 29, 2014.
7. **Lanning, B.A.** *Veteran Equine Research Studies and Collaborations.* Providing with Purpose: Serving Veterans to the Best of Our Abilities. Annual national conference. Popular Grove, Illinois. August 23, 2014.
8. **Lanning, B.A. Keynote Speaker.** *Developing research partnerships in EAAT.* Uniting Equine Assisted Activities and Therapies with Higher Education Conference. Murfreesboro, Tennessee. August 7, 2014.
9. **Lanning, B.A., Doyle, E.I., Sumrall, J., Sayers, A.** *Using the socio-ecological model to develop effective interventions aimed at reducing food insecurity and related community health issues.* Hunger Summit. Waco, Texas. October 2013.

## Community

10. **Lanning, B.A.** *Sexual assault prevention on college campuses: Let's listen, talk and act.* Mary Hardin Baylor University. Campus leaders training. June 2014.
11. **Lanning, B.A.** *Sexuality: Issues and concerns. Parenting in today's world.* Lorena Middle School. February 21, 2014.
12. **Lanning, B.A., & Irons, L.** *Healthy Sexuality.* Midway Middle School, Waco, Texas. May 2013, 2012, 2011, 2010.
13. **Lanning, B.A.** *Eliminating Health Disparities: A Panel Discussion.* Waco, Texas. April 2004.
14. **Lanning, B. A., & Irons, L.** *Stress management techniques.* Advocacy Center for Crime Victims and Children. Waco, Texas. April 2004.
15. **Lanning, B. A.** *Health education and the health connection.* Presentation. Answering Your Call to Health Ministries- Potter's Vessel Ministries day conference. Waco, Texas. March 2004

16. **Lanning, B.** and Hanks, T. *HIV/AIDS: A Local and Global Picture*. Baylor Interdisciplinary Core Health Class. October 2, 2003.
17. **Lanning, B.** *Understanding How to Evaluate Our Programs*. Mission Waco Board/Staff Retreat. Waco, TX. August 11, 2003.
18. **Lanning, B.** *Health Education and the Health Connection*. Potter's Vessel Ministries Faith in Action Seminar. Waco, TX. March 22, 2003.
19. **Lanning, B.** & Hanks, T. *HIV/AIDS in Our World and Community*. Baylor Interdisciplinary Core Health Class. October 31, 2002.
20. **Lanning, B.** *Talking to Your Children About Sexuality: A Parent's Guide*. Robinson PTA, Waco, TX, February 2002.
21. **Lanning, B.** - *Christianity: The Center of Health*. Columbus Avenue Baptist Church, Waco, TX, March 2001. Three-week seminar.
22. **Lanning, B.** *Using the Classroom to Reduce Environmental Risk Factors for Teen Pregnancy*. Central Texas Regional Texas Association Concerned with School Age Parenthood, Waco, TX. April 2001.
23. **Lanning, B.** *Talking to Your Children About Sexuality*. Meadowbrook Baptist Church, Waco, TX, September 2001.
24. **Lanning, B.** and Hanks, T. *Getting the Facts About HIV/AIDS*. Baylor Interdisciplinary Core Wellness Class, Baylor University, Waco, TX, October 2001.
25. **Lanning, B.** *Spiritual Health*. Baylor University Wellness, Waco, TX, October 2001.
26. **Lanning, B.** *Talking with Your Kids About Sexuality Issues*. Hillcrest Medical Center Women's Health Seminar, Waco, TX.- March 1999.
27. **Lanning, B.** *Sexuality: How to answer those "hard to answer" questions*. Central Texas Regional Texas Association Concerned with School Age Parenthood, Waco, TX. April 1998.

## **H. TEACHING EXPERIENCE**

### **H.1. Academic Courses Taught**

#### **Graduate Courses**

Foundations of Public Health- Graduate Course (MPH, and doctoral students)

Current Topics in Public Health- Graduate Course (MPH, and doctoral students)

## **Undergraduate Courses**

Global Health

Introduction to Public and Population Health- Undergraduate Course

Health Concepts and Competencies

Intervention Design in Public and Community Health

Evaluation in Public Health

Human Sexuality

Health and Human Behavior

Drug and Mood Modifying Substances

## **Activity Courses**

Fitness Theory

Weight Control

Intermediate Aerobics

## **H.2. Chronology of Teaching**

*2018-current*

Professor. Baylor University. Department of Public Health. *Intervention Design for Public and Community Health, Introduction to Public and Population, Current Health Issues, Foundations of Public Health, Evaluation Design for Public Health, MPH practicum* (PUBH 4331, 2330, 5329-MPH, 5334-MPH, 4333, 5V94)

*2004-2017*

Assistant/Associate Professor. Baylor University. Health, Human Performance & Recreation. *Evaluation Design for Health Education, Introduction to Public and Population, Current Health Issues, Community Health Education, Human Sexuality, Intervention Design for Health Education, Undergraduate Internships, MPH practicums* (PUBH 4333, 2330, 5329-MPH, 5334-MPH, 4321, 4331, 4V80, 5V94)

*2001-2003*

Assistant Professor. Baylor University. Health, Human Performance & Recreation. *Intervention Design in Health Education, Human Sexuality, Health Concepts and Competencies, Undergraduate Internships* (HED 4331, 4321, 2331, 4V80).

*1998-2000*

Lecturer. Baylor University. Health, Human Performance & Recreation. *Human Sexuality, Health and Human Behavior, Health Concepts and Competencies.*(HED 4321, 1145, 2331)

*1992-1997*

Adjunct Lecturer. Baylor University. Health, Human Performance & Recreation. *Human Sexuality, Health and Human Behavior* (HED 1145,4321).

1993-1997	<u>Adjunct Lecturer</u> . McLennan Community College. <i>Health and Wellness, Racquetball, Volleyball, Study skills.</i>
1993-Summer	<u>Adjunct Lecturer</u> . University of Texas at San Antonio. <i>Drug Education, Sexual Health.</i>
1990-1993	<u>Teaching Assistant</u> . Baylor University. Health, Human Performance & Recreation. <i>Health and Human Behavior, Fitness Theory, Weight Control, Intermediate Aerobics</i>

### H.3. Dissertation committees

1. Committee Member. Department of Psychology and Neuroscience. Meyers, A. *Examining the Association Between Trust and Fear of Negative Evaluation*. June 2021-present. Psych D student.
2. Committee Member. Department of Psychology and Neuroscience. Kleinsasser, A. *The Impact of Lay Beliefs About Mental Health Etiology on Perceived Control of Anxiety Symptoms*. Doctorate in Psychology. Graduation: May 2021.
3. Committee Member. Department of Psychology and Neuroscience. Humenik, A. *The Role of Executive Dysfunction and Substance Use in Intimate Partner Violent Offenders*. Doctorate in Psychology. Graduation: May 2021.
4. Committee Member. Health, Human Performance & Recreation Department. Vineyard, A. *Burnout among athletic training students*. PhD in Kinesiology, Exercise Nutrition, and Health Promotion. Graduation: May 2021.
5. Committee Member. Health, Human Performance & Recreation Department. Amrani, K. *The Influence of Athletic Participation and Grit on Stress, Coping, and Health Behaviors among College Students*. PhD in Kinesiology, Exercise Nutrition, and Health Promotion. Graduation: December 2019.
6. Committee Member. Department of Psychology and Neuroscience. Clayson, K. A. *A multimethod Examination of the Relevance of Executive Control to Disgust and Mental Contamination among Female Sexual Assault Survivors*. PhD Psychology. Graduation: May 2017.
7. Committee Member. Department of Psychology and Neuroscience. Wheless, N. *The Attention Training Techniques and Worry: Testing Theoretical Underpinnings*. PhD in Psychology. Graduation: August 2017.
8. Committee Member. Health, Human Performance & Recreation Department. Rigby, R. *Cardiorespiratory and biomechanical changes with hippotherapy in children with and without cerebral palsy*. PhD Exercise, Nutrition, and Preventive Health. Graduation: May 2014.

9. Committee Member. Department of Educational Psychology. Fredrick, K. *Understanding the Impact of Equine-Assisted Learning on Levels of Hope in At-Risk Adolescents*. PhD Educational Psychology, Graduation: May 2012.

#### H.4. Thesis committees

1. Committee Member, Department of Public Health, Baylor University. Michelle Pennington. *Suicide in Firefighters*. Master of Public Health, Projected graduation: May 2020.
2. Chair, Health, Human Performance & Recreation Department, Baylor University. Benton, E. *Predictive factors of dating violence in college students*. Master of Public Health, Graduation: May 2018.
3. Chair, Health, Human Performance & Recreation Department Baylor University. Duval, A. *Evaluating the Risk Factors of Dating Violence among Undergraduates Attending a Faith-Based University*. Master of Public Health, Graduation: May 2017.
4. Chair, (converted to graduate project). Health, Human Performance & Recreation Department Baylor University. Nelson, J. *Efficacy of simulated equine movement as a therapy modality for children with Autism: A single case design*. Master of Public Health. Graduation: May 2016.
5. Committee Member. School of Education, Baylor University. Farmer, A. A. *From Their Eyes: A Deeper Analysis on Career and Technical Education During Secondary School*. Master of Arts. Graduation: May 2015.
6. Committee Member. Health, Human Performance & Recreation Department Baylor University Stroope, Jessica L. *Macro Level Modifiable Variables Affecting Breastfeeding Rates*. Master of Public Health. Graduation: May, 2012.
7. Project Director. Graduate Project. School of Social Work, Baylor University. Graham, C. *The Untold War: A Reflection*. Master of Social Work. Graduation: May 2012.
8. Committee member. Health, Human Performance & Recreation Department Baylor University. Dillon, K. *A Theory-Based Investigation Of Weight Change And Nutrition Behaviors Among College Students*. Master of Public Health. Graduation: May, 2012.
9. Committee Member. School of Education, Baylor University Reno, J. *Organizational Influences on Sorority Members' Body Esteem*. M.A Communication Studies, Graduation: May 2010.



10. Committee Member. Health, Human Performance & Recreation Department Baylor University. Spangler, E. *Reducing Rape and Sexual Violence within College Campuses by Reaching College Fraternities and Male Collegiate Athletes*. B.S.Ed. Community Health Education, Graduation: May 2009.
11. Chair. Health, Human Performance & Recreation Department, Baylor University. Garcia, L. *Using Photovoice as a PAR/CBPR Qualitative Data Collection Tool for the Health of Women Participating in AVANCE-El Paso Programs*. B.S.Ed. Health Education. Graduation: May 2009.
12. Co-Chair. Health, Human Performance & Recreation Department, Baylor University Neason, J. *Associations Between Heart Rate Threshold, Lactate Threshold and Muscle Tissue Oxygen Desaturation in Elite Female Cyclists*. B.S.Ed. Exercise Physiology. Graduation: May 2003.

#### **H.5. Undergraduate Honor's Theses**

1. Chair. Baylor University. Smith, P. *Linguistic influences of HIV/AIDS perception in African American and Kenyan Population*: Projected graduation: May 2021.
2. Chair. Baylor University. Bondurant, R. *Impact of Native-Language, Group Prenatal Care on Spanish Speaking Patients' Satisfaction with Care*. Graduation: May 2019
3. Chair. Baylor University. Gomez, A. *Through the eyes of Brazilian youth: Using photovoice to understand barriers to quality of life*. Graduation: May 2018.
4. Chair. Baylor University. Larsen, A. *Association of health literacy levels and alcohol and drug use in low-income population*. Graduation: May 2018.
5. Chair. Baylor University. Buchannan, K. *Equine Assisted Activities for Children Diagnosed with Dravet Syndrome: Case Study*. Graduation: May 2016.
6. Chair. Baylor University. Kim, S. *Multidimensional Meta-analysis of Psychotherapy for Veterans with PTSD*. Graduation: May 2013.
7. Chair. Baylor University. Sommers, S. *Childhood Obesity and Type II Diabetes*. Graduation: May 2009.

#### **I. ADMINISTRATION**

*January 2020- current, Baylor University, Robbins College of Health and Human Sciences Director, Baylor-Africa New Life Initiative.*

The Baylor director works with the Africa New Life Initiative director to develop mutually beneficial programs that address the two main goals of the partnership, 1) Conduct applied

research in various academic, interventive, and service activities to promote human flourishing for vulnerable women, children and families in Rwanda and 2) Inspire, engage and impact the lives of the Baylor family (students, faculty, staff, alumni, and friends) through transformational experiences with Africa New Life Ministries that develop character and spiritual formation. The director is responsible of developing, implementing, and evaluating programs that address the needs of the partnership and further the mission of Baylor University and Africa New Life Ministries. Programs to date include: assessing the effects of child sponsorship on child well-being, study abroad programs, assessing early childhood development issues, constructing container clinics, providing capacity building and training assistance.

*June 2018- current, Baylor University, Department of Public Health*

Associate Chair (AC), Department of Public Health

The AC assists the Public Health Chair in the general work of leading the department. This includes attending meetings and performing other responsibilities in the absence of the chair, and assuming a leadership role in multiple areas. The AC leads the coordination of efforts related to maintaining CEPH accreditation, which includes remaining abreast and keep others informed of CEPH requirements and national curriculum trends; establishing and maintaining a system for annual data collection, analysis, and reporting; and coordinating the self-study efforts during reaccreditation years. Other responsibilities include assisting with the maintenance of annual communication with advisory councils; facilitating class schedules and room assignments for each semester (including summers); coordinating summer teaching schedules and contracts; coordinating adjunct/part-time instructor hires; helping monitor and secure teaching equipment purchases and inventories; maintaining a system for facilitating undergraduate student scholarships; and helping facilitate program marketing and maintenance of webpages and other aspects of social media.

BSPH, Program Director

Responsible for all aspects of the undergraduate public health program. The tasks include but are not limited to completing or supervising the work of others in all aspects of the undergraduate program. For example, Curriculum development and course offerings, internship supervision, curriculum development and course program webpage, enrollment management and program policies, student recruitment, acceptance, advising, and mentoring, alumni tracking and communication, and accreditation reporting for the program.

*Fall 2016-2018, Baylor University, Health, Human Performance & Recreation Department*

BSPH, Program Director

Responsible for all aspects of the undergraduate public health program and many tasks related to the full public health program. The tasks include but are not limited to completing or supervising the work of others in all aspects of the undergraduate program. For example, Curriculum development and course offerings, internship supervision, curriculum development and course program webpage, enrollment management and program policies, student recruitment, acceptance, advising, and mentoring, alumni tracking and communication, and accreditation reporting for the program. Additional public health program responsibilities included facilitating class schedules and room assignments for each semester (including summers); coordinating summer teaching schedules and contracts; coordinating adjunct/part-time instructor hires; helping monitor and secure teaching equipment purchases and inventories; maintaining a system

for facilitating undergraduate student scholarships; and helping facilitate program marketing and maintenance of webpages and other aspects of social media.

*Fall 2006-2016, Baylor University, Health, Human Performance & Recreation Department*  
BSPH, Program Director

Responsible for all aspects of the undergraduate public health program and many tasks related to the full public health program. The tasks include but are not limited to completing or supervising the work of others in all aspects of the undergraduate program. For example, Curriculum development and course offerings, internship supervision, curriculum development and course program webpage, enrollment management and program policies, student recruitment, acceptance, advising, and mentoring, alumni tracking and communication, and accreditation reporting for the program. Additional public health program responsibilities included facilitating class schedules and room assignments for each semester (including summers); coordinating summer teaching schedules and contracts; coordinating adjunct/part-time instructor hires; helping monitor and secure teaching equipment purchases and inventories; maintaining a system for facilitating undergraduate student scholarships; and helping facilitate program marketing and maintenance of webpages and other aspects of social media. Responsibilities all included faculty advisor for Eta Sigma Gamma honorary society for health educators, advising all community health/public health students, and supervising all undergraduate public health internships.

## **J. SERVICE**

### **J.1. University Service**

<i>2020-present</i>	Committee Member, University Health Committee
<i>2020-present</i>	Committee Member, University Tenure Committee
<i>2000-present</i>	Committee Member, Baylor University Graduate Faculty
<i>2018-2020</i>	Co-chair, Task Force on Civic and Personal Responsibility
<i>2018-2019</i>	Committee Member, Wellness Director search committee
<i>2005-2015</i>	Committee Member, Baylor Interdisciplinary Poverty Initiative
<i>2012-2015</i>	Committee Member, Louise Herrington School of Nursing tenure
<i>2006-2014</i>	Faculty Advisory, Epsilon Alpha Chapter of Eta Sigma Gamma
<i>2012- 2014</i>	Chair, the University Invitation to Excellence committee for the School of Education
<i>2012-2013</i>	Committee Member, the University Informed Engagement Committee and related community engagement sub-committee.
<i>2010-2011</i>	Chair, University Health Committee
<i>2009-2011</i>	Committee Member, Student Disciplinary Committee
<i>2008-2010</i>	Committee Member, University Health Committee
<i>2008-2009</i>	Committee Member, Director of Wellness Search Committee
<i>2005-2007</i>	Committee Member, Baylor Task Force on Poverty
<i>2004-2006</i>	Committee Member, University Health Committee
<i>2004-2005</i>	Committee Member, University Equestrian Advisory Committee

**J.2. College Service**

<i>2019-present</i>	Lead, Baylor-Africa New Life Initiative-Rwanda project
<i>2016-present</i>	Committee Member, College Curriculum Coordinating Committee
<i>2016-2018</i>	Committee Member, RCHHS Degree Coordination Committee
<i>2016-2017</i>	Committee Member, Assistant/Association Faculty in Health Science Studies Faculty search committee
<i>2015- 2016</i>	Chair, Clinical Assistant/Associate Faculty in Health Science Studies faculty search committee
<i>2014-2015</i>	Committee Member, Degree Revision Committee for the College of Health and Human Sciences
<i>2014-2015</i>	Committee Member, MPH epidemiology faculty search committee.
<i>2007-2014</i>	Committee Member, School of Education Enrollment Management
<i>2009-2011</i>	Committee Member, Faculty Tenure Committee for Julie Ivey
<i>2008-2009</i>	Committee Member, Director of Health Studies Search Committee
<i>2006-2007</i>	Committee Member, Clinical Faculty Search Committee
<i>2002-2005</i>	Co-Director, HHPR Community Outreach
<i>2001</i>	Committee Member, Faculty Search Committee
<i>2000-2001</i>	Committee Member, SOE Awards Committee

**J.3. Departmental Service**

<i>2021-present</i>	Committee Member, Assistant/Associate Professor of Social and Behavioral Science faculty search (two candidates)
<i>2021-present</i>	Committee Member, Graduate Coordinator staff position
<i>2020-present</i>	Director, MPH Community Health program
<i>2018- present</i>	Associate Chair, Department of Public Health
<i>2018- present</i>	Committee Member, Department of Public Health Curriculum Committee
<i>2021</i>	Committee Member, Administrative Associate search committee.
<i>2019-2020</i>	Chair, search committee for Full-time lecturer in Public Health
<i>2006-2020</i>	Director, Public Health Undergraduate Program
<i>2019</i>	Committee Member, Graduate Coordinator Staff position
<i>2007-2018</i>	Committee Member, Health, Human Performance, Recreation Department Curriculum Committee
<i>2018</i>	Committee Member, search committee for office manager
<i>2018</i>	Committee Member, search committee for associate
<i>2018</i>	Committee Member, Promotion and Tenure Guidelines Committee, HHPR.

<i>2017-2018</i>	Committee Member, Public Health Program, CEPH Re-Accreditation
<i>2014-2015</i>	Chair, CEPH accreditation committee for the BSPH program
<i>2014-2015</i>	Member, MPH epidemiology faculty search committee.
<i>2012-2013</i>	Chair, search committee for the Full-Time Lecturer in Community Health Education position
<i>2009-2011</i>	Member, Health Educator Search Committee
<i>2009-2010</i>	Chair, SABPAC re-accreditation committee.
<i>2006-2014</i>	Faculty Advisory, Epsilon Alpha Chapter of Eta Sigma Gamma
<i>2006-2007</i>	Committee Member, SABPAC accreditation committee

#### **J.4. International, National, State, and Local Service**

<i>2019-present</i>	Program representative, Association of School and Programs of Public Health (ASPPH).
<i>2018-present</i>	Editorial Review Board member, Human Animal Interaction Bulletin
<i>2018-present</i>	Reviewer for PLOS ONE
<i>2017-present</i>	Reviewer for Military Health
<i>2013-present</i>	Reviewer for Global Journal of Health Education and Promotion
<i>2012-present</i>	Reviewer for Health Promotion Practice Journal
<i>2012-present</i>	Reviewer for the Journal of Animal-Human Interaction
<i>2012-present</i>	Reviewer for the American Nurse Today Journal.
<i>2004-present</i>	Reviewer for Psychological Reports/Perceptual and Motor Skills.
<i>2018</i>	Program reviewer for SOPHE national conference
<i>2016</i>	Chair, Horses and Humans Research Foundation research task force.
<i>2015-2018</i>	Committee Member, Lorena ISD Health Advisory Committee
<i>2015-2017</i>	Chair, PATHInt. Health and Education Advisory Committee
<i>2014-2015</i>	SABPAC site accreditation team for Ball State University
<i>2014</i>	Program reviewer for the Society of Public Health Educators (SOPHE) National Conference
<i>2013-2014</i>	Committee Member, PATHInt. Health and Education Advisory Committee
<i>2012</i>	Program reviewer for the Society of Public Health Educators National Conference
<i>2012-2013</i>	Beta testing task force for the Society of Public Health Educators' Knowledge Center.
<i>2008 summer</i>	Conducted a competency development workshop for Shannon Health and Wellness, Right Choices for Youth Program personnel. San Angelo, Texas.
<i>2007-2009</i>	Teacher Evaluator for Shannon Health and Wellness, Right Choices for Youth Program, San Angelo, Texas.

<i>2006-2011</i>	Reviewer for the International Journal of Health Education
<i>2004-2006</i>	Vice President, Board of Directors for Potter's Vessel Ministries
<i>2004-2005</i>	Committee Member, American Association of Health Educators Professional Development committee.
<i>2004</i>	Reviewer for the International Journal of Child Abuse & Neglect
<i>2004</i>	Reviewer for Sex Matters For College Students- Prentice Hall: publisher
<i>2003-2007</i>	Committee member—American Association for Health Education (AAHE) national committee on Professional Development
<i>2003</i>	Presider- TAHPERD State Convention, December
<i>2003</i>	Secretary for the Community Health Division of TAHPERD
<i>2002</i>	Secretary for the Professional Health Division of TAHPERD
<i>2001</i>	Presider- two sessions. AAHPERD National Convention
<i>2001</i>	Reviewer for AAHE-AAHPERD National Convention presentations
<i>2001</i>	Chair of the nominating committee for Vice President of Health, TAHPERD
<i>2000</i>	Delegate- Region 12, Representative Assembly for TAHPERD
<i>2000</i>	Reviewer for AAHE-AAHPERD National Convention presentations.
<i>1999</i>	Reviewer for Concepts in Health: Test Bank. Mayfield Publishing Company
<i>1998-2005</i>	Consultant. Youth Connection, Inc., Waco, TX.
<i>1998</i>	Reviewer for Cox's The AIDS Booklet. McGraw-Hill Publisher.
<i>1996</i>	Reviewer- TAHPERD Journal articles
<i>1995</i>	Reviewer for An Invitation to Health. 7 <sup>th</sup> Edition Dianne Hales. Brooks/Cole Publishers

## **K. PROFESSIONAL DEVELOPMENT**

Academy for Teaching and Learning instructional sessions  
 Undergraduate public health programs- ASPPH annual summit  
 Accreditation standards training- webinars  
 Data Reporting standards training-webinars  
 Writing Winning Grants: Grant Writers' Seminars and Workshops  
 NVivo 9 Training workshop  
 Using Tableau-Baylor University Training and webinars

## **L. PROFESSIONAL MEMBERSHIPS**

<i>2013- present</i>	American Academy of Health Behavior
<i>2013-present</i>	The International Society for Anthrozoology (ISAZ)
<i>2010-present</i>	M.C.H.E.S. (Master Certified Health Education Specialist).
<i>2000-present</i>	SOPHE (Society of Public Health Education)

<i>2006-present</i>	PATHIntl. (Formerly the North American Riding for the Handicapped Association)
<i>2006-present</i>	Eta Sigma Gamma- Honorary Health Educators Society
<i>1998-2010</i>	C.H.E.S. (Certified Health Education Specialist).
<i>1997-2009</i>	AAPHERD (American Alliance of Health, Physical Education, Recreation, and Dance).
<i>1990-2009</i>	TAHPERD (Texas Association of Health, Physical Education, Recreation, and Dance)
<i>2003-2010</i>	Pony Club of America- Sponsor/corporate member.
<i>1997-2002</i>	Delta Kappa Gamma. Member. Society for women educators.
<i>1988-2002</i>	ACE formerly IDEA (International Dance-Exercise Association) certified instructor
<i>1992-1994</i>	Member of the Board of Directors for the American Heart Association.
<i>1991-1992</i>	AAHPERD (American Alliance of Health, Physical Education, Recreation, and Dance)
<i>1992-1993</i>	Member of the Board of Directors for McLennan County AIDS Research and Educational Services.
<i>1987-present</i>	Certified Scuba Diver
<i>1992-present</i>	Private Pilot's License

## **M. HONORS AND AWARDS**

<i>2022</i>	Robbins College of Health and Human Science Pure Gold Award for Research
<i>2020</i>	Rachel Hunter Moore Faculty Award for Outstanding Teaching and Christian Leadership. Awarded by Baylor Chapter of Chi Omega.
<i>2019</i>	Lorena B. Stretch Award for Excellence in Leadership and Faithfulness in Service. Awarded by Delta Delta Delta student fraternity.
<i>2019</i>	Baylor University Service Award-20 years.
<i>2018</i>	National Intramural-Recreational Sports Association (NIRSA) Foundation Presidential Award for outstanding writing.
<i>2017</i>	Texas Hunger Initiative Research Fellow
<i>2014</i>	Baylor University Service Award-15 years.
<i>2013</i>	Honored Faculty, Mortar Board
<i>2012</i>	Baylor Fellows
<i>2006</i>	Tenured Faculty Member.
<i>2005</i>	Summer Research Sabbatical, Baylor University
<i>2004</i>	Non-Tenured Tenure-Track Outstanding Scholarship Award- School of Education Representative.
<i>2003</i>	Summer Research Sabbatical, Baylor University

- 2001 Non-Tenured Tenured Track Outstanding Teaching Award- School of Education representative.
- 1995 Honored Baylor faculty member-by The Brotherhood of Phi Kappa Chi and the Department of Denominational Ministries-

## **N. CHURCH AFFILIATION AND SERVICE**

- 2015-present Attending First Woodway Baptist Church, Woodway, Texas.
- 1999-2012 Columbus Avenue Baptist Church, Waco, TX. Member. Bible study teacher for the Young Adult IV class.
- 2003-2007 Columbus Avenue Baptist Church, Waco, TX. Cell Group Leader for the Young Adult IV class
- 2000-2007 AWANA – Teacher for the 3<sup>nd</sup> grade group. First Woodway Baptist Church, Waco, TX.
- 2004 Vacation Bible School- Director for the 3<sup>rd</sup> grade. Columbus Avenue Baptist Church
- 2003 Vacation Bible School- Teacher for the 1<sup>st</sup> grade group. Columbus Avenue Baptist Church.
- 2001 Vacation Bible School- Teacher for the 2<sup>nd</sup> grade group. Columbus Avenue Baptist Church.

## **O. VOLUNTEER WORK/COMMUNITY ACTIVITIES**

- 2022-present Member, Unbound Now Waco Program Evaluation Subcommittee
- 2002-present Mission Waco- organize health fair for the homeless
- 2013 Member, Community Health Initiative Program, City of Waco.
- 2003-2010 DC- Huaco Pony Club- educational director and instructor.
- 2002-2005 Board Member of Potter's Vessel Ministries
- 2002-2005 Mission Waco- help organize mini "health talks" for the homeless Friday morning breakfast program
- 1997 First Baptist Church of Waco-Speaker for college series on relationships.
- 1996 Teen Pregnancy Prevention Council, Waco, TX.-- fund-raising events.
- 1992-1994 American Heart Association, Waco, TX.-- organized main fund-raiser events.
- 1983-1987 Good Shepherd Lutheran Church, Sandy, Utah. Campus Life youth leader. Helped lead and organize a bike trip from Salt Lake City, Utah to Yellowstone National Park. Also helped lead a bike trip down the coast of Oregon.